

change your narrative

Resources for Handling Abuse

<https://www.changeournarrative.net/help-for-abuse>



Websites:

- <http://remedylive.com/category/issues/abuse/>
- <http://healingstreamsusa.org/healing/healing-sexual-abuse.html>
- <http://www.shbi.org/content/BibleLessons/studysheets/Abuse.html>
- http://www.net-burst.net/sex_abuse/free_therapy.html
- <http://www.reachout.com>
- <http://www.verbalabusehealing.com>
- <http://www.loveisrespect.org>
- <http://www.rainn.org>
- <http://www.onevoiceenterprise.com>

Books:

- [KayIn's Secret](#) – KayIn Cherry
- [Helping Victims of Sexual Abuse](#)–Lynn H.
- [Beauty for Ashes & The Penny](#)– Joyce Meyer
- [Mending the Soul Student Edition](#) and [Mending the Soul](#)
- [Invisible Girls](#) – Feureisen
- [No Longer Alone](#) – S. Culbreth
- [Rid of my Disgrace](#) – Holcomb

Organizations:

- Air One 1888-Need-Him
- [Remedy Live](#)
- Covenant House 1800-999-9999
- RAINN – 1800-656-HOPE
- STD Hotline-1800-227-8922
- National Domestic Violence Hotline: 1800-799-7233
- Teen Dating Abuse: 1866-331-9474
- Child Help-1800-4aChild
- Text “safe”+your location to “69866” for immediate help from National Safe Place
- <http://www.Loveisrespect.org> – Live Chat Feature